



DIOCESE OF RALEIGH

Doorways TO FORMATION IN THE FAITH

INTRODUCTION TO THE SACRAMENTS

Course Description

This course provides the participant with an understanding of sacramental principle. Each of the sacraments will be discussed in the context of its role in the lives of the faithful: initiation into God's life, healing and reconciliation, and service to God's community. Integral to each session is prayer, course content, faith sharing, and large/small group discussion so that participants can apply the teachings to their life and ministry.

Course Expectations

Attendance at five of the six sessions is required to receive a Certificate of Completion.
Read assigned and related materials prior to class.
Participate in class discussions.
Maintain a Course Journal/Notebook.
Complete and return the Course Evaluation.

Course Materials

Required Texts

English

United States Catholic Catechism for Adults (USCCA), United States Conference of Catholic Bishops, Washington, D.C., 2006.

<http://www.usccb.org/beliefs-and-teachings/what-we-believe/catechism/us-catholic-catechism-for-adults/index.cfm>

Mick, Lawrence. Understanding the Sacraments Today, 2nd. Ed. Collegeville, MN: The Liturgical Press, 2006.

Spanish

Catecismo Católico de los Estados Unidos para los Adultos (USCCA), Conferencia de Obispos Católicos de Estados Unidos, Washington, D.C., 2006.

<http://www.usccb.org/beliefs-and-teachings/what-we-believe/catechism/us-catholic-catechism-for-adults/index.cfm>

Mick, Lawrence. Para Entender Hoy Los Sacramentos. Trans. Collegeville, MN: Liturgical Press, 2009.

<https://www.litpress.org/Products/2908/Para-Entender-Hoy-Los-Sacramentos>

INTRODUCTION TO THE SACRAMENTS
Course Structure and Highlights

Session 1/Week 1: Introduction to the course, the Sacramental Principle, Baptism

Topics:

Sacrament
Jesus and the Church as Sacrament
The RCIA
The Names and Effects of Baptism
The Necessity of Baptism

Reading Assignment:

USCCA, Chapter 15 pp 181-199
Mick, Chapter 1

Session 2/Week 2: Confirmation

Topics:

The effects of Confirmation
The gifts of the Holy Spirit

Reading Assignment:

USCCA, Chapter 16, pp 201-211
Mick, Chapter 2

Session 3/Week 3: Eucharist

Topics:

The Essential Signs of Eucharist
The Real Presence of Jesus in the Eucharist

Reading Assignment:

USCCA, Chapter 17, pp 213-232
Mick, Chapter 3

Session 4/Week 4: Reconciliation and Anointing the Sick

Topics:

The acts of the penitent and the acts of the Church
Benefits of Anointing of the Sick
Viaticum

Reading Assignment:

USCCA, Chapters 18 and 19 pp 233-259
Mick, Chapters 4 and 5

Session 5/Week 5: Marriage

Topics:

The goods of marriage
The domestic Church

Reading Assignment:

USCCA, Chapter 21 pp 277-292
Mick, Chapter 6

Session 6/Week 6: Holy Orders

Topics:

The three degrees of the sacrament
Priestly character
Sacramentals

Reading Assignment:

USCCA, Chapter 20 pp 261-275 and
Chapter 22, pp 293-303, Sacramentals
Mick, Chapter 7