

Join **Catholic in Recovery**
at **St. Michael the Archangel**

WEDNESDAYS
@ 7:00 p.m.

Catholic in Recovery provides healing from addictions, compulsions, and unhealthy attachments. Meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer. Confidentiality is protected. We welcome those recovering from any addiction, compulsion, or unhealthy attachment:

- Alcoholism
- Drug addiction
- Compulsive overeating
- Restricted eating
- Lust/pornography addiction
- Gambling addiction
- Technology addiction
- Compulsive spending/debting
- Codependency
- Control, fear, resentment, & grief

*Anonymous & Confidential/Age Requirement: 18 years or older



**Catholic
in Recovery**

For more information and/or room location:

Text or call (919) 480-2044

email CIR@stmccary.org

www.catholicinrecovery.com