Christian Brothers Employee Benefit Trust:MP 6127 - Rx 1465

Coverage for: Individual + Family | Plan Type: PPO

Coverage Period: 01/01/2023 - 12/31/2023

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-807-0400 or visit us at www.myCBS.org/health or email at https://hoscustomerservice@cbservices.org. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, coinsurance, https://coinsurance.gov/sbc-glossary coinsurance.gov/sbc-glossary coinsurance.gov/sbc-glossar

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Combined Medical & Prescription Drug In-Network \$1,000 Individual / \$3,000 Family Medical Out-of-Network \$1,500 Individual / \$3,000 Family In-Network & Out-of-Network deductibles reduce each other.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. For <u>preventive care</u> services, the In-Network <u>deductible</u> does not apply	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount, but a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain preventive services without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services	No	You don't have to meet deductibles for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Combined Medical & Prescription Drug In-Network \$4,000 Individual / \$8,000 Family Medical Only Out-of-Network \$6,000 Individual / \$12,000 Family In-Network & Out-of-Network out-of-pocket limits reduce each other.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in out-of-pocket limit	Premiums, balance-billed charges, deductible, copayment, or coinsurance amounts paid on a covered persons behalf by a foundational or manufacturer sponsored patient assistance program, penalty for prescription retail refill allowances, penalty for mandatory generics, penalty for non-notification of hospital admission and other	Even though you pay these expenses, they don't count toward the out-of-pocket limit. Certain specialty pharmacy drugs are considered non-essential health benefits and fall outside the out-of-pocket limits.

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Important Questions	Answers	Why This Matters:	
	services requiring pre-certification, and health care this plan does not cover.		
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. Your <u>network</u> is BlueCross BlueShield. See <u>myCBS.org/ppo-hcsc</u> or call 1-800-810-2583 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.	
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.	

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Services You May	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Need Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Information	
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$30 <u>copayment</u> /Visit; <u>Deductible</u> does not apply	40% coinsurance	Includes Virtual Care (via video or voice).	
	Specialist visit	\$50 <u>copayment</u> /Visit; <u>Deductible</u> does not apply	40% coinsurance	Includes Virtual Care (via video or voice). In-Network Allergy injections \$5 copayment / visit; deductible does not apply.	
	Preventive care/screening/immu nization	No charge	40% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	Lab Work - No charge Radiology - 20% <u>coinsurance</u>	40% coinsurance	Limited to services performed outside physician's office. Payment may differ based on place of service.	
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	Limited to services performed outside physician's office. Payment may differ based on place of	

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Common	Services You May Need	What You	u Will Pay	Limitations, Exceptions, & Other Important	
Medical Event		In Network (You will pay the least)	Out of Network (You will pay the most)	Information	
				service. Precertification is required. A 25% penalty up to \$300 may apply. Penalty does not apply to out-of-pocket limit.	
If you need drugs to treat your illness or condition	Generic drugs	\$10 /Prescription (retail); \$25 /Prescription (mail or Smart90)	Same as In-Network +20% coinsurance penalty	Deductible does not apply.	
More information about prescription drug coverage is available at www.myCBS.org/health	Preferred brand drugs	\$35 /Prescription (retail); \$90 /Prescription (mail or Smart90)	Same as In-Network +20% coinsurance penalty	Covers up to 30-day supply at retail; 90-day supply mail order or Smart90 prescription. Retail maintenance prescriptions are limited to an initial fill and two refills. If you continue to use retail, outside of the Smart 90 program, you will pay the mail order copayment for a 30-day supply.	
Log in and click on My Prescription Drugs or call Express Scripts at 800-718-6601. More information about the Smart 90, Generics Member Pays The Difference, Formulary, Retail Refill Allowance and SaveonSP programs is available at: www.myCBS.org/Rx	Non-preferred brand drugs	\$60 /Prescription (retail); \$150 /Prescription (mail or Smart90)	Same as In-Network +20% coinsurance penalty		
	Specialty drugs	Generic 10% up to maximum of \$150 Preferred 20% up to maximum of \$150 Non-Preferred 20% up to maximum of \$250 Certain specialty pharmacy drugs are considered non- essential health benefits and copayments may be set to the maximum of above or any available manufacturer-funded copay assistance. For a complete list of non-essential specialty medications, see mycbs.org/health/SaveonSP		You may fill a 90-day supply at Walgreens owned retail pharmacies through the Smart90 program. If a generic equivalent is available and a brandname medication is dispensed for any reason, you will pay the difference in cost plus the brand copayment.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center, hospital)	20% coinsurance	40% coinsurance	Limited to services performed outside physician's office. You may be billed amounts in excess of prevailing charges for Out-of-Network Providers .	
	Physician/surgeon fees	20% coinsurance	40% coinsurance	Precertification is required. A 25% penalty up to \$300 may apply. Penalty does not apply to out-of-pocket limit.	
If you need immediate medical attention	Emergency room care - Facility fee	20% <u>Coinsurance</u> after \$100 <u>Copayment</u> /Admission; <u>Deductible</u> does not apply	20% <u>Coinsurance</u> after \$100 <u>Copayment</u> /Admission; <u>Deductible</u> does not apply	Copayment is waived if admitted.	

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Common	Services You May	What You Will Pay		Limitations Expansions & Other Important	
Medical Event	Need	In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Emergency room care - Physician/surgeon fees	20% coinsurance	20% <u>coinsurance</u>	Emergency room care may include tests and services described elsewhere in the SBC (i.e. Diagnostic tests or Imaging.) You may be billed amounts in excess of prevailing charges for Outof-Network Providers.	
	Emergency medical transportation	20% coinsurance	20% coinsurance	For transportation service charges exceeding \$5,000 by ground and/or air, payment will not exceed 150% of Medicare allowance for such incurred expenses. Charges include transportation and medical supplies used during transport.	
	Urgent care	\$40 <u>copayment</u> /Visit; <u>Deductible</u> does not apply	40% coinsurance	None.	
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Precertification is required.	
stay	Physician/surgeon fees	20% coinsurance	40% coinsurance	None.	
If you need mental	Outpatient services	20% coinsurance	40% coinsurance	None.	
health, behavioral health, or substance abuse services	Inpatient services	20% coinsurance	40% coinsurance	Precertification is required.	
If you are pregnant	Office visits	\$30 <u>copayment</u> /Visit; <u>Deductible</u> does not apply	40% coinsurance	Copayment applies to initial prenatal visit only (per pregnancy). Cost sharing does not apply to preventive services.	
	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	Depending on the type of services, a <u>copayment</u> , <u>coinsurance</u> , or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)	
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	None.	
If you need help	Home health care	20% coinsurance	40% coinsurance	Limited to 100 visits per plan year maximum.	

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Common	Services You May Need	What You Will Pay		Limitations Evacutions 2 Other Important	
Medical Event		In Network (You will pay the least)	Out of Network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
recovering or have other special health	Rehabilitation services	20% coinsurance	40% coinsurance	None.	
needs	Habilitation services	Specialist- \$50 copayment/Visit; Deductible does not apply Outpatient Facility- 20% coinsurance	40% coinsurance	Payment may differ based on place of service. Limited to a combined 20 visits per year for all providers, including, but not limited to, physical, occupational and speech therapy. Visit limits apply to Habilitation services only.	
	Skilled nursing care	20% coinsurance	40% coinsurance	Limited to 120 days for all confinements maximum resulting from the same or a related illness or injury.	
	Durable medical equipment	20% coinsurance	40% coinsurance	Check your plan document for limitations. Orthotics – Limited to \$500 lifetime.	
	Hospice services	20% coinsurance	40% coinsurance	Limited to 180 days per plan year maximum.	
	Children's eye exam	No charge	40% coinsurance	Covered up to age 5.	
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Unless covered by your vision plan.	
	Children's dental check-up	Not covered	Not covered	Unless covered by your dental plan.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Contraceptives
- Cosmetic surgery
- Dental care (Adult)
- Eye exam over age 5

- Hearing aids and related charges
- Infertility treatment (except initial diagnosis)
- Long-term care
- Private-duty nursing

- Routine eye care (Adult)
- Routine foot care
- Sterilization or Abortion
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric Surgery
- Habilitation services (payable per medical necessity)
- Services provided by State Licensed Practitioners within the scope of license not specifically covered under any other provisions of the medical plan, including Acupuncture, Massage Therapy, and Nutritional Counseling Limited to 12 combined visits per year for all services
- TMJ (Temporomandibular Joint Disorder) limited to \$2,500 maximum benefit per lifetime.
- Chiropractic care (payable per medical necessity as specialist MD)
- Non-emergency care when traveling outside the U.S. (only when on assignment by ER)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. Church plans are not covered by the Federal COBRA continuation coverage rules. For more information on your rights to continue coverage, contact the plan at 1-800-807-0400. You may also contact your state insurance department. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace.. For more information about the Marketplace., visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the plan at 1-800-807-0400. A list of states with Consumer Assistance Programs is available at http://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-807-0400.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-807-0400.

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Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-807-0400. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-807-0400.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a B (9 months of in-network pre-natal of delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		Mia's Simple Fracture (in-network emergency room visit and follow up care)	
■ The plan's overall deductible \$1,000 ■ Specialist copayment \$50 ■ Hospital (facility) coinsurance 20% ■ Other coinsurance 20%		■ Specialist copayment \$50 ■ Hospital (facility) coinsurance 20%		■ The <u>plan's</u> overall <u>deductible</u> \$1,00 ■ <u>Specialist copayment</u> \$5 ■ Hospital (facility) <u>coinsurance</u> 20 ■ Other <u>coinsurance</u> 20	
This EXAMPLE event includes see Specialist office visits (prenatal care Childbirth/Delivery Professional See Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and be Specialist visit (anesthesia)	e) rvices	This EXAMPLE event includes services like: Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose meter)		This EXAMPLE event includes services like: Emergency room care (including medical supplies) Diagnostic test (x-ray) Durable medical equipment (crutches) Rehabilitation services (physical therapy)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$1,000	Deductibles	\$1,000	Deductibles	\$1,000
Copayments	\$10	Copayments	\$800	Copayments	\$400
Coinsurance	\$2,100	Coinsurance	\$4	Coinsurance	\$200
What isn't covered	d	What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions \$20		Limits or exclusions	\$40
The total Peg would pay is	\$3,170	The total Joe would pay is	\$1,824	The total Mia would pay is	\$1,640

The plan would be responsible for the other costs of these EXAMPLE covered services.

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